



## A CASE OF CERVICAL LYMPHADENOPATHY

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### Abstract

Lymphadenopathy is a disease of the lymph nodes, in which they are abnormal in size or consistency. Lymphadenopathy of an inflammatory type is lymphadenitis, producing swollen or enlarged lymph nodes. Cervical lymphadenopathy refers to the swelling of lymph nodes located in the neck. Here we present of a case of cervical lymphadenopathy of 4 yrs of boy and treated with homoeopathic medicine successfully.

**Key Word-** Lymphadenopathy, lymphadenitis, Cervical, Lymph node, Inflammation, Homoeopathy.

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### INTRODUCTION

The body has approximately 600 lymph nodes, but only those in the submandibular, axillary or inguinal regions may normally be palpable in healthy people.<sup>1</sup>

Lymphadenopathy refers to nodes that are abnormal in size, consistency or number. There are various classifications of lymphadenopathy, but a simple and clinically useful system is to classify lymphadenopathy as “generalized” if lymph nodes are enlarged in two or more

noncontiguous areas or “localized” if only one area is involved<sup>2, 3</sup>.

In primary care patients with unexplained lymphadenopathy, approximately three fourths of patients will present with localized lymphadenopathy and one fourth with generalized lymphadenopathy.

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Dutch study revealed a 0.6 percent annual incidence of unexplained lymphadenopathy in the general population. Children more commonly appear to have benign causes of lymphadenopathy.

In most cases, a careful history and physical examination will identify a readily diagnosable cause of the lymphadenopathy, such as upper respiratory tract infection, pharyngitis, periodontal disease, conjunctivitis, lymphadenitis, tinea, insect bites etc.

Cervical lymphadenopathy refers to the swelling of lymph nodes located in the neck. Lymph nodes, situated all over the body, are part of the lymphatic system, which works to protect the body against microbes, maintain adequate fluid levels, absorb nutrients, and remove certain waste products. Lymphocytes, or white blood cells, are activated in the lymph nodes, after which they travel into the bloodstream to defend the body against microbes. When the lymph nodes accumulate excessive amounts of lymphocytes, they can increase in size and become swollen.

Homoeopathic medicine have good role in treatment of unexplained lymphadenopathy compare to conventional medicine.

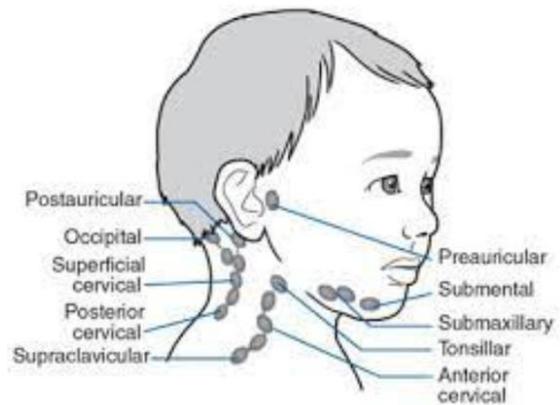


Fig 1 Lymph Node in Neck region

### CASE STUDY

A 4 years boy coming in OPD of Rajkiya Homoeopathic Chikitsalya, Narainpur, Kushinagar complaint of swelling and pain in neck region since 1 yrs. He treated with conventional system of medicine but swelling not subsided.

On examination cervical lymphadenopathy was found, there was bilateral cervical lymphadenopathy was present.

Onset – Insidiuos

Duration- since 1 yrs

Progress- Gradual

Pain - Mild Present

Swelling – B/L Present

Size - 1.5 cm

Consistency- Hard

Movability- Present

### Family History:

Grand Father – TB

Grand Mother- OA

**Past History:** N/S

**Vaccination- Done**

➤ Anger

**Physical Generals:**

- Built: Thin
- Appetite – Normal
- Thirst- Normal
- Sleep- Normal
- Desire- Sweet, Candy
- Aversion- N/S
- Urine- Normal
- Stool - Constipation
- Thermal- Hot

**Physical Examination:**

- Temp. - Afebrile
- Pulse Rate: 85 bpm
- Wt.- 15kg

**Mental General-**

- Irritable

**Follow Up:****Totality of Symptoms:**

1. Irritable
2. Anger
3. Lymphadenopathy- Cervical
4. Pain Mild
5. Consistency- hard
6. Constipation
7. Hot patient

**Prescription:**

Rx

1. Belladonna 30, 2 pills, BD for 7 days
2. Merc Sol 30, 2 pills BD for 7 days
3. Calcarea Flour 6X, 3 Tab OD for 7 days

Follow Up	Symptoms	Prescription
1 <sup>st</sup>	Pain decreased, remaining symptoms –no change	Belladonna 30, BD Merc Sol 30, BD For 15 days Calcarea Flour 6X, 3 Tab OD for 15 days
2 <sup>nd</sup>	No Pain, Size – Decreased Consistency- Improved Stool- Soft	Belladonna 30, BD Merc Sol 30, BD For 15 days Calcarea Flour 6X, 3 Tab OD for 15 days
3 <sup>rd</sup>	No Change	Belladonna 200, BD Iodum 200, BD For 15 days Calcarea Flour 6X, 3 Tab OD for 15 days
4 <sup>th</sup>	Size – decreased Consistency- Improved	Belladonna 200, BD Iodum 200, BD For 15 days Calcarea Flour 6X, 3 Tab OD for 15 days

5 <sup>th</sup>	Size – Decreed, Consistency- Improved	Belladonna 200, BD Iodum 200, BD For 15 days Calcarea Flour 6X, 3 Tab OD for 15 days
6 <sup>th</sup>	Node- Become Normal, Not Plapable No pain	Tuberculinum 1M/1 dose Iodum 200, BD for 15 days Calcarea Flour 6X , for 15 days

## CONCLUSION

In case of unexplained lymphadenopathy conventional system of medicine have limited role, homoeopathy system of medicine have a lot of drugs which are effective in management of lymphadenopathy. In above case on basis of totality and pathology prescription was done. In between treatment there is need of second prescription and at last when lymphadenopathy disappear the prescribed antimiasmatic remedy for stop the reoccurrence of disease. Above case show that homoeopathy medicine have curative role in case of lymphadenopathy in children and adult.

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